

My Presentation will consist of a short video look at my career- beginning as a child Beauty Queen to becoming an International Super Model, moving into television and then becoming an Empowerment Speaker, Teacher and Author. The link to the Vimeo presentation is here <https://vimeo.com/98507825>

As well, I will give a short discussion relating to the topic of Self- Empowerment and personal choice. We will investigate why being present and in alignment with one's purpose matters in regards to one's position in family, society and within one's self. We will also discover what “Purpose” means in each and every life- unique and personal, yet on many levels a shared goal.

We will close with a Q & A session with the group.

Thank you for allowing me to address your group!

-Kristen Eykel

KristenEykel@mac.com

www.KristenEykel.com